



Children First Lunch Menu
 Week commencing 3rd September 2018

Monday		
Iceberg lettuce with diced apple	Whole wheat spaghetti with a bolognaise and tomato sauce. Served with sweetcorn	Beef CH
Tuesday		
Tomato salad with fresh chives from our garden	Egg fried rice with carrot, spring onion and bell peppers	Veg
Wednesday		
Crunchy bell pepper and carrot batons	Homemade fish fingers served with mashed potatoes and steamed broccoli florets	Fish Vietnam
Thursday		
Home-made hummus with whole wheat crackers	Gnocchi served with peas, carrot and a cream sauce	Veg
Friday		
Cucumber and tomato salad	Home-made pizza with choice of toppings	Veg