



MENU
Week 16/02/2015

Monday		
Carrot and cucumber batons	Penne pasta with salmon in a creamy white sauce	Fish (Ireland)
Tuesday		
Courgette soup	Cauliflower cheese with mashed potatoes and peas	Veg
Wednesday		
Red pepper salad	Cheese pockets served with roasted potatoes and served with corn	Veg
Thursday		
Iceberg and tomato salad	Vegetable spring rolls with wild rice and a home made tomato sauce	Veg
Friday		
Pumpkin soup	Mediterranean vegetables in a puff pastry	Veg