



Children First Menu  
Week commencing 7<sup>th</sup> November 2016

Monday		
Lamb's lettuce salad	Pasta with sweet corn and tuna bake	Fish
Tuesday		
Carrot and cashew nut salad with lemon dressing salad	Vegetable rice with fried egg served with soy sauce	Veg
Wednesday		
Red and yellow pepper salad	Breaded turkey cutlets with country cuts	Meat (Brazil)
Thursday		
Tomato on the vine salad	Home-made macaroni cheese	Veg
Friday		
Cucumber and carrot sticks	Mediterranean couscous with red peppers and feta cheese	Veg