

Children First Association



## Children First Lunch Menu

Week commencing 19<sup>th</sup> June 2017

Monday		
Fresh green salad with Swiss French dressing	Long-grain rice with wheat, quinoa, cylindrical green beans, tomato cubes and carrot circles	Veg
Tuesday		
Cucumber salad	Chicken drumsticks with fresh broccoli florets and a potato salad	Meat: CH
Wednesday		
Carrot and orange soup	Breaded turkey escalopes with French fries and green beans	Meat: Brazil
Thursday		
Red and yellow pepper sticks (finger food)	Tuna pasta with a cheese sauce and a corn side salad	MSC Fish: Thailand
Friday		
Tomato salad with fresh chives from our garden	Organic whole wheat egg sandwiches with adzuki bean side salad (new)	Veg